

Houston Math, Science & Technology Center

9400 Irvington Blvd • Houston, Texas 77076 • 713-696-0200 www.houstonisd.org/SamHouston

Dear Tigers,

I hope that you have had a great summer thus far. It seems to be going by very fast, and before we know it school will be starting back up and with that comes the start of football. We are excited that you have decided to play freshman football here at Houston High School. I can assure you that this will be the hardest thing you have ever done; but with that, I can also assure you that when you have finished your football career at Sam, you will say it was the most rewarding thing you have ever done in your life!

Hopefully, you have been able to join us for SAC (strength, agility, conditioning) camp. We have had a large number of athletes up here this summer, and there is no doubt that the hard work will pay off. I hope that over the next four years you will do your best to schedule personal matters, such as vacations, around SAC camp and do your absolute best to be here every day. We want to be champions; in order to accomplish that, you will have to train like a champion.

Here at Houston, we will focus on all aspects, so each student/athlete will be successful in the classroom, on the field, and throughout the community. Our coaching staff and faculty sincerely care about each student on this campus and strive for excellence. Due to the construction of our new school, we will be practicing at Patrick Henry Middle School. Transportation will be provided to and from each practice. If you have any questions please e-mail <u>Blake.Besselman@houstonisd.org</u> or call (281) 701-8045. Below are some important dates and information about our program:

Football Website: http://www.houstonisd.org/Page/118626

Physical Paperwork: make sure your Tiger has a 2018 physical and turned into Coach Besselman

Freshman Camp: August 6th-9th from 8:00 AM-12:00 PM (\$20 unless you paid for SAC Camp)

Parent Meeting/Equipment Pick-up: August 7th @ 6:00 PM

Football Practice Starts: August 13th @ 7:00 AM

Again, I am excited that you have decided to play football at Houston, and I look forward to coaching you over the next four years.

Sincerely,

Blake Besselman Head Football Coach